


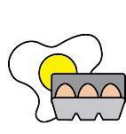
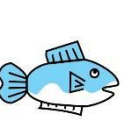
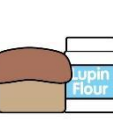






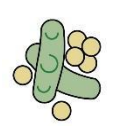



Dishes and their allergen content - FoodWise Dishes

(Note – Please state the name of the cereal(s) containing gluten* and/or the name of the nut(s)†)

Dishes														
	Celery	Cereals containing gluten*	Crustaceans	Eggs	Fish	Lupin	Milk	Mollusc	Mustard	Nuts†	Peanuts	Sesame seeds	Soya	Sulphur Dioxide
Bolognese Sauce	✓	✓ Red Lentils												
Shepherd's Pie	✓	✓ Red Lentils												
Sweet and Sour Chicken	✓													✓ white wine vinegar
Ratatouille	✓													
Cheesy Pasta		✓ Wheat					✓		✓					
Vegetable Curry	✓									✓ Peanuts	✓			
Lamb and Red Pepper Stew with Roasted Vegetables	✓	✓ Red Lentils												
Vegetarian Chilli	✓						✓							
Sausage Casserole	✓	✓							✓					✓
Sausage in Tomato Pasta		✓ Wheat					✓							✓

Veggie Chilli with cheese	✓						✓							
Tuna melt pasta bake		✓ Wheat			✓		✓							
Creamy Greens Vegetable Pasta Bake		✓ Wheat					✓							
Veggie Bolognese	✓													
Leeks wrapped in Ham with cheese sauce & creamy mash		✓ Wheat Oat					✓		✓				✓	
Beetroot Coconut Curry														

Review date: 4.3.2021

Reviewed by: Ellie Richards



You can find this template, including more information at www.food.gov.uk/allergy-guidance